

## COMBAT MILITARY HUNGER

In 2019, 1 in 8 survey respondents was experiencing food insecurity. Data released in 2021 showed the number rose to 1 in 5 in some parts of the country.

Too many military and veteran families are facing this challenge, skipping meals, making difficult choices between buying food or other essential items, and leaning on food pantries, churches, and family members for support when times are particularly tough (Military Family Advisory Network).

Below is a list of food pantry locations as well as hot meal locations in the San Antonio area.

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### FOOD PANTRY LOCATIONS – SAN ANTONIO

#### 1. San Antonio Food Bank

Website: [safoodbank.org](http://safoodbank.org)

The San Antonio Food Bank actively fights hunger and feeds hope in San Antonio and southwest Texas. The team can help you apply for SNAP and other state and federal benefits, such as: SNAP/ ADULT MEDICAID / CHIP – CHILDREN'S MEDICAID/ LONG TERM CARE/ WIC/ TANF/ HEALTHY TEXAS WOMEN/ MSP/ MESP. The food bank offers various events for food distribution throughout the community. Select "Find Food" to locate an event near you.

210-337-3663

#### 2. Little Free Pantry

Website: [communityfirsthealthplans.com/food-pantry/](http://communityfirsthealthplans.com/food-pantry/)

Community First Food Pantries are designed to provide members of our community who are facing food insecurity essential non-perishable items in accessible and trusted locations throughout San Antonio and surrounding counties. No appointments or identification required. Use the map to find the locations of the self-service 24 hour mini pantries.

### 3. Sidewalk Saturday

Website: [cecsa.org/community-outreach](https://cecsa.org/community-outreach)

Sidewalk Saturday is physically based at Christ Episcopal Church at the Outreach Pavilion and has a food pantry available for families. No ID or registration required. First come, first served.

510 Belknap Place  
San Antonio, TX 78212  
210-736-3132

Saturdays from 8:30 am to 10:30 am.

### 4. H.O.P.E.

Website: [riversofhopeministries.com/hope-help-other-people-eat/](https://riversofhopeministries.com/hope-help-other-people-eat/)

Help Other People Eat (HOPE) is a small pantry that is all based on self-attested need - No eligibility criteria required. Must reside in one of these six ZIP Codes: 78240, 78229, 78238, 78251, 78250, or 78249.

7804 Eckhert Rd  
San Antonio, TX 78240  
210-693-0124

Third Saturday of every month by appointment only.

### 5. St. Francis Episcopal Church

Website: [sfcsa.org/food-pantry](https://sfcsa.org/food-pantry)

The St. Francis Food Pantry's mission is to provide nutritional food to those who are hungry in the San Antonio community. Serving zip codes: 78229, 78230, 78238, 78240, 78249, 78250, and 78253. Must have valid ID and proof of residency.

4242 Bluemel Rd  
San Antonio, TX 78240  
210-696-0834

Third Saturday of every month from 9 am to 12 pm.

### 6. Vogel Resiliency Center

Website: [facebook.com/vogelresiliencycenter](https://facebook.com/vogelresiliencycenter)

The Vogel Resiliency Center on Fort Sam Houston hosts a drive-thru food pantry. The event is always on a Monday once per month, but the official dates are announced on their Facebook page. Families are encouraged to register beforehand but can also register on-site. This is a first come, first served basis, so attendees should arrive early before food runs out.

2490 Stanley Road, Building 367  
Fort Sam Houston, TX 78234  
210-295-5399

Always on a Monday from 3 pm to 5 pm. Check for official dates on their site.

## **7. Blessed Angels Community Center**

Website: [blessedangelscc.org/](http://blessedangelscc.org/)

Blessed Angels Community Center is an emergency food pantry. They are committed to helping low-income families and veterans, senior citizens, evacuees, homeless people, and pets. The mission of Blessed Angels Community Center is to fight hunger in San Antonio, TX and surrounding communities through healthy and nutritional food distribution.

14078 Nacogdoches Rd  
San Antonio, TX 78247  
210-284-4391

Mondays from 10 am to 12 pm by appointment only.

## **8. West Avenue Compassion**

Website: [westavenuecompassion.org/services-1](http://westavenuecompassion.org/services-1)

West Avenue Compassion distributes food weekly to those who have difficulty purchasing enough to avoid hunger. Their organization offers an open pantry distribution at their location with proof of income and residency. They also have a choice pantry where clients can shop similarly to a grocery store but appointments are mandatory for the choice pantry.

10715 West Avenue  
San Antonio, Texas 78213  
210- 573-2847

Tuesdays from 11 am to 1 pm for grocery distribution. Mondays from 11:20 am to 1:40 pm for choice pantry by appointment only.

## **9. Soldiers' Angels**

Website: [soldiersangels.org/get-support/veteranfooddistributions/san-antonio/](http://soldiersangels.org/get-support/veteranfooddistributions/san-antonio/)

Soldiers' Angels offers veterans monthly food assistance at the Cowboy's Dancehall. You must register on their site to receive food on the day of the event.

3030 NE Interstate 410 Loop  
San Antonio, TX 78218  
210-629-0020

Third Thursday of every month from 12 pm to 2 pm.

## **10. St. Stephen's Care Center Food Pantry**

Website: [ccaosa.org/food-pantry/](http://ccaosa.org/food-pantry/)

St. Stephen's CARE Center is a client-choice food pantry. Clients can shop for food just like a grocery store, but they checkout for free. You must contact the pantry to register and receive assistance.

2127 S. Zarzamora St  
San Antonio, TX 78207  
210-226-6178

Monday to Friday 8:30 am to 2:00 pm.

### **11. Coker Food Pantry**

Website: [sacrd.org/directory/program/2300](http://sacrd.org/directory/program/2300)

Coker United Methodist Church has a pantry that requires valid ID and household application. This is a drive-thru pantry that is a first come, first served basis providing food to the first 350 families.

231 E North Loop Rd  
San Antonio, TX 78216  
210-494-3455

Thursdays from 11 am to 2 pm.

### **12. SA Hope Center**

Website: [sahopecenter.org/services/client-choice-food-pantry/](http://sahopecenter.org/services/client-choice-food-pantry/)

Participant choice food pantry available by appointment only. Provides monthly food assistance to families in need at no cost.

321 N. General McMullen  
San Antonio, TX 78237  
210-732-3776

Appointment only.

### **13. Christian Assistance Ministry (CAM)**

Website: [christianassistanceministry.org/cam-services/](http://christianassistanceministry.org/cam-services/)

CAM serves those in crisis and in need of their most basic necessities such as lunches for people who are homeless, groceries, clothing, prescriptions assistance, bus tickets, and ID or Birth certificate. Must have valid application on file. Appointment only.

110 McCullough Ave  
San Antonio, TX 78215  
210-223-4099

Appointment only.

### **14. Inman Christian Center**

Website: [inmancenter.org/food-pantry](http://inmancenter.org/food-pantry)

The Inman Christian Center partners with the San Antonio Food Bank to run the Inman Food Pantry. This pantry serves families in zip codes 78207, 78228, and 78237 with a valid ID and utility bill or other proof of residence.

1214 Colima St  
San Antonio, TX 78207  
210-222-9641

1st and 3rd Friday: 8:00 am - 12:00 pm

## HOT MEAL LOCATIONS – SAN ANTONIO

### 1. Wellness Wednesday

Website: [sanantonio.uso.org/programs/wellness-wednesday](http://sanantonio.uso.org/programs/wellness-wednesday)

The JBSA Fort Sam Houston USO provides a free meal to service members and their families. No registration required.

1395 Chaffee Rd. Bldg. 1395  
Fort Sam Houston, TX 78234  
210-370-9406

First and third Wednesday of every month from 11 am to 1 pm.

### 2. Champion Meals

Website: [bachamp.org/meal-locations/](http://bachamp.org/meal-locations/)

Champion Meals provides free and healthy meals, snacks, and milk distribution locations. The community sites are open to the public, but some of the school locations require that the child attends the school to receive a meal. Youth must be between 1-18 years of age. You can use the map on their site to find the participating locations in the area.

281-833-3129

### 3. Summer Food Service Program (Summer Only)

Website: [fns.usda.gov/meals4kids](http://fns.usda.gov/meals4kids)

The Summer Food Service Program provides children and teens ages 18 and younger and enrolled students with disabilities up to 21 years old a healthy meal throughout the summer at no cost, just by showing up at a participating meal site. No identification required. This map provides the locations of participating schools.

1-866-348-6479

### 4. Taking it to the Streets

Website: [takingittothestreets.com](http://takingittothestreets.com)

Taking it to the Streets serves individuals and families and requires no registration or identification to receive a free hot meal and snack bag.

724 Chestnut St.  
San Antonio, TX 78202  
210-827-0398

Saturdays at 6 pm.

## **5. Communities Under the Bridge**

Website: [cub-sa.org](http://cub-sa.org)

This ministry provides a hot meal. No registration or identification is required to receive meals.

724 Chestnut St.  
San Antonio, TX 78202  
210-228-9455

Sunday through Friday at 6 pm.

## **6. Traveling Loaves and Fishes**

Website: [tlfsa.org](http://tlfsa.org)

Traveling Loaves and Fishes offers a nourishing meal, clothing, and compassionate interaction to the homeless and other disadvantaged neighbors. Offering free lunches and dinners. No registration or ID verification is required.

N St Mary's and E Quincy St  
San Antonio, TX 78215  
210-488-3514

Tuesday through Friday at 11:30 am and 5:30 pm.