

Outpatient Behavioral Health Targeted Care Clinic Overview

Targeted Care (TC) allows Service Members (SMs) to receive a same-day-walk-in behavioral health (BH) brief assessment without a referral.

TC will consist of a brief meeting with a BH specialist to discuss your specific symptoms, concerns, and needs; and to ensure safety. TC connects SMs in need of assistance with appropriate resources tailored to their specific needs.

Referral and resource options will be discussed during your visit and may include scheduling an appointment with a primary care behavioral health consultant, a specialty behavioral health provider, participating in BH groups, or connecting SMs to additional resources and support services such as Military and Family Life Counselors, Chaplains, Resiliency programs, Military One Source and many others.



Hours of Operation:

**Monday - Friday from 0600-1400
(Federal Holidays: CLOSED)**

**Located on the left side of the
Troop Medical Clinic (TMC)
Bldg. 1279**

**2981 Garden Avenue
Fort Sam Houston, TX 78234**

Phone: 210-808-0924

**988
24/7 Crisis
& Support**

ICE Interactive Customer Evaluation



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**After hours crisis and emergencies
report to BAMC ER**

Mission & Vision Statement

Mission

To provide comprehensive quality behavioral healthcare to patients through individualized and evidence-based care.

To **continue** strategic partnerships that enhance continuity of care, capacity, and resilience.

To **sustain** world-class, nationally recognized training programs.

Vision

To **continue** as the military's premier healthcare provider, employer, training platform, and partner in behavioral health services.

To **lead the way** in patient care through compassion, availability, and advocacy.



Behavioral Health, Resilience, and Family Resources

- ❖ Military One Source:
800-342-9647
www.militaryonesource.mil
- ❖ SARP/SHARP: 210-808-8981
-24/7 Hotline: 210-808-7272
- ❖ Military and Family Life Counselors (MFLCs)
210-421-9387/ 210-672-0529
- ❖ Chaplain Offices: 210-221-9445/
210-916-1105// 210-221-9363
(Urgent After Hours)
- ❖ Vogel Resiliency Center JBSA
210-539-1281
- ❖ Armed Forces Wellness Center:
210-539-1254
- ❖ Military Family Readiness Center:
210-221-2705
- ❖ In-Transition Program:
800-424-7877
- ❖ R2 Performance Center:
210-808-6089
- ❖ Psychological Health Resource
Center: 866-966-1020

www.veteranscrisisline.net
 **Veterans
Crisis Line**
DIAL 988 then **PRESS 1**
or **TEXT 838255**



**NEW ONE-STOP NUMBER
FOR BEHAVIORAL HEALTH**

**539-2273
KEY-CARE**

- Call KEY-CARE (539-2273) during duty hours to reach all inpatient & outpatient behavioral health services.
- KEY-CARE is intended to streamline customer access to clinics & facilitate scheduling.

For emergencies, after duty hours & holidays/weekends, please go to the nearest emergency room, call 911 or the National Suicide Prevention Lifeline at 988.

Mental Health Resources Cont.

- ❖ Soldier Recovery Unit Social Work Service
- ❖ Family Advocacy Program
- ❖ Substance abuse treatment
- ❖ Staff Judge Advocate General
- ❖ Employee Assistance Program
- ❖ Behavioral Health Administration

All team members can assist you, including BH providers, BH technicians, administrative assistants, and medical service assistants.

We are here for You!

