

Outpatient Behavioral Health Targeted Care Clinic Overview

Targeted Care (TC) allows Service Members (SMs) to receive a same-day-walk-in behavioral health (BH) brief assessment without a referral.

TC will consist of a brief meeting with a BH specialist to discuss your specific symptoms, concerns, and needs; and to ensure safety. TC connects SMs in need of assistance with appropriate resources tailored to their specific needs.

Referral and resource options will be discussed during your visit and may include scheduling an appointment with a primary care behavioral health consultant, a specialty behavioral health provider, participating in BH groups, or connecting SMs to additional resources and support services such as Military and Family Life Counselors, Chaplains, Resiliency programs, Military One Source and many others.



Hours of Operation:

**Monday - Friday from 0600-1400
(Federal Holidays: CLOSED)**

**Located on the left side of the
Troop Medical Clinic (TMC)**

**2981 Garden Avenue
Fort Sam Houston, TX 78234
Phone: 210-295-0924**

**988
24/7 Crisis
& Support**

ICE Interactive Customer Evaluation



Outpatient Behavioral Health Targeted Care Clinic

Brief Assessment Services



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Fort Sam Houston, TX 78234**

Phone: 210-295-0924

**After hours crisis and emergencies
report to BAMC ER**

Mission & Vision Statement

Mission

To provide comprehensive quality behavioral healthcare to patients through individualized and evidence-based care.

To **continue** strategic partnerships that enhance continuity of care, capacity, and resilience.

To **sustain** world-class, nationally recognized training programs.

Vision

To **continue** as the military's premier healthcare provider, employer, training platform, and partner in behavioral health services.

To **lead the way** in patient care through compassion, availability, and advocacy.



Behavioral Health, Resilience, and Family Resources

- ❖ Military and Family Life Counselors (MFLCs)
210-421-9387/ 210-672-0529
- ❖ Chaplain Offices: 210-221-9445/
210-221-9363 (Urgent After Hours)
- ❖ Psychological Health Resource Center: 866-966-1020
- ❖ SARP/SHARP: 210-808-8981
-24/7 Hotline: 210-808-7272
- ❖ Vogel Resiliency Center JBSA
210-539-1281
- ❖ Armed Forces Wellness Center:
210-539-1254
- ❖ Military One Source:
800-342-9647
www.militaryonesource.mil
- ❖ Military Family Readiness Center:
201-221-2705
- ❖ R2 Performance Center:
210-808-6089
- ❖ In-Transition: 800-424-7877

www.veteranscrisisline.net
 **Veterans
Crisis Line**
DIAL 988 then **PRESS 1**
or **TEXT 838255**

One-Stop Number for Behavioral Health

**210- 5 3 9 -2 2 7 3
KEY-CARE**

Mental Health Resources Cont.

- ❖ Soldier Recovery Unit Social Work Service
- ❖ Family Advocacy Program
- ❖ Substance abuse treatment
- ❖ Staff Judge Advocate General
- ❖ Employee Assistance Program
- ❖ Free Financial counseling
- ❖ BOSS Program (for single SM's)
- ❖ Vet Center and VA for Veterans
- ❖ Behavioral Health Administration

*All team members can assist you,
including BH providers, BH
technicians, administrative
assistants, and medical service
assistants.*

We are here for You!

