

How to Contact BAMC

Department of Behavioral Health and Other Behavioral Health Resources

Emergency Behavioral Health Services

Call 911 or go to the nearest Emergency Room

Emergency Department (BAMC) (210) 916-0808

Who: All Beneficiaries

What: Behavioral Health Emergencies. Provides Command Directed Behavioral Health Evaluations for Emergencies only

Where: 3551 Roger Brooke Drive, Ft Sam Houston, TX, 78234

When: 24/7

National Suicide Prevention Lifeline (800) 273-TALK (8255)

Website: <https://suicidepreventionlifeline.org/talk-to-someone-now> Who: Anyone

Veteran's Crisis Line (800) 273-8255, Press 1. You may also text 838255 for help

Website: <http://www.veteranscrisisline.net>

Who: Active Duty, Veterans, Retirees, Family member or beneficiary, and Friends

DA Victim's Advocate Hotline: (210) 367-1213 Primary purpose: Restricted and Unrestricted assistance for adult victims of domestic violence or intimate partner sexual assault

Department of Behavioral Health

Behavioral Health Outpatient Services

Phone: (210) 916-1600,

Website: <https://bamc.tricare.mil/Health-Services/Mental-Health-Substance-Abuse/Behavioral-Health>

Go to BAMC homepage, choose "Departments" then choose "Behavioral Health."

****Walk-In Services are available. Known emergencies should go to the nearest Emergency Room**

**Command Directed Behavioral Health Evaluations

For Commanders of Permanent Party Service Members:

Multi-Disciplinary Behavioral Health Clinic: (210) 539-9565

Location: 3551 Roger Brooke Dr., BAMC 7 West – Bed Tower

For Commanders of Trainee Service Members:

Campus Behavioral Health Clinic: (210) 808- 2534/2584

Location: CPT Jennifer M. Moreno Primary

Care Clinic (2nd Floor)

Behavioral Health Support Line (210) 539- 9567 – Mon-Fri 0730-1530 hrs. (Non-emergency).

Multi-Disciplinary Behavioral Health Clinic Walk-In/Triage (210) 808-1859/ (210) 295-4851

Who: Active Duty Permanent Party **What:** Provides Walk-In/Triage BH Services/Permanent Party

Where: 1st Floor - CPT Jennifer M. Moreno Primary Care Bldg. 1179

When: Mon-Fri 0730-1630 hrs.

Multi-Disciplinary Behavioral Health Clinic In- Out Processing 210-808-1859 / 808-2846 **Who:** Active Duty Permanent Party

What: In-Out Processing done telephonically

Where: 1st Floor - CPT Jennifer M. Moreno Primary Care Bldg. 1179

When: Mon-Fri 0730-1200 hrs.

Multi-Disciplinary Behavioral Health - BAMC 7 West – Bed Tower (210) 539-9565

Who: Active Duty Permanent Party & Active Duty SAUSHEC Trainees

What: Providing individual therapy and medication management for a wide range of Behavioral Health / Substance Use concerns and other specialty areas.

Where: BAMC 7W - Bed Tower

When: Mon-Fri 0730-1630 hrs.

**Permanent Party – For Walk-In BH Services, please go to CPT Jennifer Moreno Clinic

Campus Behavioral Health Services Walk-In/ Triage (210) 295-0924

Who: Students enrolled in Medical Education and Training Campus (METC) programs

What: Provide Walk-In/Triage BH Services.

Where: McWethy Troop Medical Clinic, Bldg. 1279.

When: Mon-Fri 0600-1500 hrs.

Campus Behavioral Health Services Routine/Follow-Up Care (210) 808-2534/2584 **Who:** Students enrolled in Medical Education and Training Campus (METC) programs.

What: Routine and Follow-up BH Care.

Where: 2nd Floor - CPT Jennifer M. Moreno Primary Care Clinic Bldg. 1179

When: Mon-Fri 0600-1500 hrs.

Child and Family Behavioral Health Services (210) 916-5047

Who: TRICARE Eligible family member children up to 18 year and Adult Family Members

What: Provides individual, family, group and medication therapy.

Where: 3551 Roger Brooke Drive, Ft Sam Houston, TX, 78234, near General Pediatrics in the main hospital.

When: Mon-Fri 0730- 1630 hrs.

Behavioral Health Referral Services

Clinical Health Psychology Services (210) 916-1063

Who: Active Duty and Adult beneficiaries.

What: Provides individual and group therapy to assist in management of medical symptoms, pain, medical treatment adherence and emotional sequelae associated with acute or chronic medical conditions. Referrals are generally submitted by the primary treating inpatient or outpatient provider.

Where: BAMC 6T, 3551 Roger Brooke Drive, JBSA, Ft Sam Houston, TX, 78234

When: Mon-Fri 0730-1630

Neuropsychology Services (210) 916-7641 **Who:** Active Duty. Family Member and Retirees are seen on a space-available basis. Appointments are available by consult from a referring medical provider.

What: Provides neurocognitive evaluation services.

Where: BAMC Second Floor, 3551 Roger Brooke Drive, JBSA, Ft Sam Houston, TX, 78234

When: Mon-Fri 0730-1630 hrs.

Psychological Health Intensive Outpatient Program (PHIOP)

(210) 539-1104

Who: Active Duty, Students enrolled in METC, referred by PCM or Mental Health provider. No walk-in services are available for non-IOP patients. Programming hours depends on Track assigned

What: Provides intensive outpatient behavioral health day treatment.

Where: Liberty Barracks (Fifth Floor - Bldg. 3820), 2850 Garden Ave, JBSA, Ft Sam Houston, TX, 78234

When: Mon-Fri 0730-1630 hrs.

Addictions Medicine Intensive Outpatient Program (AMIOP)

(210) 539-1112

Who: Active Duty referred by PCM or Mental Health provider. No walk-in services are available for non-IOP patients.

What: Provides intensive outpatient substance use disorder day treatment.

Where: Liberty Barracks (Fifth Floor - Bldg. 3820), 2850 Garden Ave, JBSA, Ft Sam Houston, TX, 78234

When: Mon-Fri 0730-1630 hrs.

Inpatient Services

Consult and Liaison Behavioral Health Services Pager (210) 513-2243 (This is not a suicide hotline).
This service is for consultation to Inpatient and Emergency Department staff.

Who: Brooke Army Medical Center Inpatient and Emergency Department staff

What: Provides Behavioral Health consultation services to primary medical team.

Where: BAMC, 6T, 3551 Roger Brooke Drive, JBSA, Ft Sam Houston, TX 78234

When: 24 hours daily

Inpatient Psychiatry Services (210) 916- 2096/2069 (This is not a suicide hotline)

Who: Active Duty members, requiring Inpatient Psychiatric services

What: Inpatient Psychiatric care

Where: BAMC, 6T, 3551 Roger Brooke Dr. JBSA, Ft Sam Houston, TX 78234

When: 24 hours daily

Additional Resources

Military One Source (800) 342-9647 Website: <http://www.militaryonesource.com>

Who: Active Duty and their Family member or beneficiary. Care provided without a requirement for a referral

San Antonio Consult and Appointment Management Office (210) 916-9900 **Who:** All enrolled beneficiaries

What: Beneficiaries may seek information regarding clinic location and appointment scheduling

Where: Various locations

When: Hours vary by clinic

BAMC Primary Care Clinics (210) 916-3000

Who: All enrolled beneficiaries

What: Beneficiaries may seek or initiate care for Behavioral Health concerns thru their primary care provider if they desire

Where: Various locations

When: Hours vary by clinic

Soldier Recovery Unit - Social Work Services (210) 916-3523

Who: Service members in Transition and their Families

What: Provides Social Work Services

Where: BLDG 3646, on the BAMC Campus

When: Mon-Fri 0730-1630 hrs.

BAMC Dept. of Ministry and Pastoral Care (210) 916-1105(front desk)/5877 during duty hours; after hours have Chaplain paged

Who: Anyone using the hospital facilities and ALL staff

What: Provides pastoral, religious and spiritual care and services

Where: BAMC/FSH

When: 24/7

Chaplain Pager: (210) 513 9348

Fort Sam Houston Garrison Chaplains (210)221-5007 (Duty Hours)
(210) 365-6420 (After Duty Hours)

Chaplain Family Life Center (210)221-5007 (Duty Hours)

(210) 365-6420 (After Duty Hours)

Who: Service Members and families

What: Short-term counseling for needs of all kinds

Where: Dodd Field Chapel

When: Mon-Fri 0730-1630 hrs.

Family Advocacy Program (210) 221-1996 (Normal Duty Hours) or 24-Hour Hotline (210) 367-1213/Domestic Abuse Victim Advocates (210) 292-0418

Who: Active Duty and their family members

What: Services for victims and perpetrators of domestic violence, abuse prevention, and strategies for building safe, healthy families.

Family Advocacy also offers a New Parent Support Program.

Where: Building 198, 2270 Stanley Road (On the corner of Stanley and Wilson) Ft. Sam Houston, TX 78234

When: Mon-Fri 0730–1630 hrs.

Military Family Life Consultants (210) 627- 3183

Who: Active Duty, family members, retirees, DA civilians, reservists (DoD ID card holders)

What: Short-term counseling with licensed counselors for a full range of needs without medical record documentation

Where: 3060 Stanley Road, Suite 95 (in the Military and Family Readiness Building) **When:** Mon-Fri 7:30am-4:30pm (however, MFLCs are available to meet with clients virtually anytime, anyplace if needed)

Military and Family Readiness - Army Community Services (210) 221-2705

Who: Active Duty and families

What: Assistance with parenting, finances, relationships, coping skills and a vast array of other services

Where: 2797 Stanley Road

When: Mon-Fri 0730–1630 hrs.

United States Army Inspector General (210) 221-2474 (Army), (210) 808 0169 (AF)

Who: Active Duty, family members, civilian employees

What: Assistance to commanders, service members, family members, civilian employees and others seeking help with problems related to the U.S. Army

Where: Check the website for the appropriate location for your needs

When: Mon – Fri 0800–1600 hrs. (No appointment is necessary to see the IG)

Fort Sam Houston Staff Judge Advocate (210) 808-0169

Who: Active Duty

What: Legal Assistance and advice for a variety of legal concerns; call for an appointment and to ensure access to the correct section of JAG and availability of services

Where: 2271 Reynolds Road, JBSA, Ft Sam Houston, TX, 78234

When: Mon- Fri 0800-1630 hrs.

TRICARE (800) 700-8646 for Behavioral Health Care

Website: <https://www.humanamilitary.com/>

Who: All Beneficiaries. ACTIVE DUTY

REQUIRE A REFERRAL before receiving network Behavioral Health Care. Other beneficiaries may receive network Behavioral Health Care WITHOUT a referral.