

Urgent Care Resource List

Maternal Complications:

- You are soaking one or more pads in an hour and or passing large blood clots (for example clots that are bigger than a golf ball).
- Foul odor noted with vaginal discharge
- You have a temperature of 100.4 or higher taken two times, four hours apart
- Pain or swelling in calves of legs
- Excessive pain, bruising or breakdown of your vaginal laceration
- You have draining/bleeding, increasing redness or pain from your cesarean incision (during duty hours make appointment in GYN clinic)
- You are experiencing any severe emotional changes or have thoughts of harming yourself or your infant

CALL OB CLINIC FOR ANY QUESTIONS: 292-6118 (during duty hours)

AFTER DUTY HOURS: Labor and Delivery: 916-0223

Infant Complications:

- Your infant is very sleepy, listless or floppy or cannot be awakened easily
- Your infants rectal temperature is 100.4 or higher: or less than 97.7F
- Your infant has not eaten for 6 hours or more and won't eat now
- Your infant has not had at least 4 wet diapers in 24 hour period (after 4 days of life), or has not had a wet diaper in over 6 hours
- Your infant has more than 2 loose, watery stools in a day, or if you notice blood in the stool
- Your infant seems very jaundiced (very yellow skin), and involves more than just the baby's head and face
- Your infants breathing appears difficult (hard and fast while resting)

FOR QUESTIONS : SAMMC PEDIATRIC ADVISE LINE: 916-3160 (24 HOURS)

METHODIST PEDIATRIC ADVISE LINE: 226-8773 (24 HOURS)

EMERGENCY PHONE NUMBERS

*****For a SERIOUS EMERGENCY Call 911*****